

Lets Celebrate Green or Eco-Friendly Diwali & Save Life

SAY NO TO PLASTICS, SAY NO TO CRACKERS this time!!!!!!





Diwali is the festival of light which spread happiness & prosperity all around, and this is the great & very traditional festival of India, which is well-known to the whole world. But how can we get happiness & prosperity without health. By ignoring our nature & environment, we are ignoring our health, which is one of the most important factor. Actually the major problem is, we are not able to understand & appreciate the real fact & real spirit of this lovely festival. Instead of bringing lots of happiness, health, wealth & prosperity, this festival definitely becoming the global issue, as this is creating bundle of environmental problems, like Air Pollution, Noise Pollution, Soil Pollution etc., which is further becoming the cause of natural disasters we are facing now these days worldwide, due to the irresponsible behavior of people celebrating this fiesta of light. One of the main problem for the rapid growth of pollution is Crackers, without which almost nobody thinks diwali celebration. Do we know, Crackers contain lots of toxic & harmful chemicals, which after getting release in air, creates worst conditions for both environment as well as living beings, as it is creating serious health issues like- Respiratory problem, Vision problem, Hearing loss, sleeping disorder, bronchitis, Headache, Heart-Attack etc. So its the high time to understand this issue, so to take the necessary measures for this.



In this Modern World, already Industries & vehicles are disturbing the whole environment by spreading various kind of pollutions & we can't stop it completely, but atleast we can try to decrease the rapid growth of pollution by celebrating this beautiful festival in the new way to make this more healthy, wealthy & prosperous. So, lets take initiate by celebrating Green or Eco-friendly Diwali in the ways as below:-

- Use *organic & natural colours or dyes to make Rangoli*. Like Rice flour, Turmeric Powder, Kumkum, Lime, flower petal & leaves etc.
- Avoid using of electronic lights & decorative materials to illuminate home & save electricity by using organic things, e.g.- earther ware diyas & candles etc.
- Distribute *Eco-friendly gifts, sweets & chocolates* to spread happiness.
- Organize Get-togethers, dance parties & games with your near & dears.
- Spread greenery by *planting more* & *more*, in your homes as well as gardens etc.
- Fire Crackers should be avoided to play, as this is the major & useless cause for disturbing the beautiful nature.
- Virtual Crackers can be playing on computers to enjoy this, without any harm.
- Limited use of Green Crackers which are available with green logo, by special dealers, as these crackers are made with a thin paper layer, which doesn't create much noise pollution as well as Air pollution.
- You can also provide colorful balloons filled with coloured flowers & coloured tiny paper & your children can enjoy this by touching these balloons with diyas to burst out with these natural & chemical free materials.

© Have a Safe, Happy, Healthy & Green Deepawali. ©

Jyoti Malhotra